

# How To Measure a Child For a Bat



If you're shopping for a bat for your kid, the process of measuring will be a little different than an adult. If your player is between 3' and 3'4", start with a 26-inch bat and increase the bat size 1 inch for every 4-to-5 inches that they grow. The following steps are the ideal process for determining the correct bat size for children:

1. **Measure his/her height** – Be sure you measure with his/her baseball cleats on.
2. **Compare him/her to the bat** – Stand a bat up next to your child. The bat should reach, but not exceed, your child's hip. If it reaches past his/her hip area, it's going to be too long to swing.
3. **Weigh them** – Weight is a contributing factor to which bat he/she should swing because the Little League bat size chart uses a combination of weight and height to determine the best bat choice.
  - In general, children under 60 pounds should swing a bat between 26 and 29 inches long.
  - If your child weighs more than 70 pounds, his/her bat should range from 28 to 32 inches in length.

## How To Choose the Correct Baseball or Softball Bat Weight

Before looking at weights, it's important to first understand a little bit more:

- Bat weight is measured by the minus or *drop weight*.
- Drop weight is the difference between the length and weight of the bat, so a bat that is 30 inches long and has a drop weight of -10 will weigh 20 ounces.
- The bigger the drop weight is, the lighter the bat will weigh.

### LITTLE LEAGUE 2¼" BASEBALL BATS

Age	Under 7	8-9	10-11	12-13
Length	24"-26"	26"-29"	28"-30"	29"-32"
Drop	(-13.5) – (-12)	(-13.5) – (-10)	(-13) – (-10)	(-10) – (-9)