Pacesetters II Track Club

2016 Season Kickoff April 3, 2016

Location: Elite Sports Performance 2:00 – 4:00 p.m.

Agenda

- Welcome and Introductions
- About the club
 - Our History
 - Our Guiding Principles
- Practice Schedule and Location
- Meet Schedule
- Registration Process
- □ Fees & Payment Schedule
- □ Q&A

Introductions

Coaching Staff

Chris Simon

Head Coach and Founder consultsimon@yahoo.com; 614-580-9136

Gary Lawson

Long / Triple Jump, Sprints lawsongm@sbcglobal.net; 708-267-5351

Farrell Burkes

Mid-Distance (400m, 800m) MRFB1_1999@yahoo.com; 815-341-2352

TBD

Long Distance (1500m plus)

Burt Anderson

Throwing (Discus, Javelin, Shot-put) bamm020296@yahoo.com; 262-347-5622

TBD

Pole Vault

Morgan Dastrup

Intern, BYU

Club Administration

Kim Simon

Club Administrator and Co-Founder nomiskim@outlook.com; 614-296-7616

Stacy Krisch

Club Administrator smkrisch@sbcglobal.net; 630-346-1936

Brian Jackson

Treasurer brian.jackson@blakeallencpa.com; 312-498-2813

About the Club

Our Beginning

- Original Pacesetters Track Club was founded in 2005 in Ohio by Coaches Chris and Kim Simon.
- Sanctioned by the USA Track & Field National governing body and local Association for track and field.

Our Mission

- Introduce youth of all ages, socio-economic backgrounds and diverse skills levels to the sport of track and field.
- Dedicate our time to mentoring youth through athletics, while striving to improve their overall health, character and discipline as they grow into adolescents and adults

Our Goals and Objectives

- Continued drive towards perfection.
- Produce nationally competitive athletes by applying consistent methods of training practices
- Viewed as a respectful and organized club (including athletes and parents)
- Provide an environment for both the athletes and their parents in which they can rest
 assured they are receiving the appropriate level of training and club administration for their
 investment.

For more information: http://www.pacesetterstrackclub.com/

Our Guiding Principles

PASSION: commitment at practice and in competition

PERSISTENCE: excellence in what we do on and off the track

PROFESSIONALISM: respect within the team and with others

2016 Practice Schedule

	Practice Schedule
Location	Oswego East High School
Schedule: April / May	2 days per week (Tues/Thurs), 6-7:30 p.m. First practice: Tuesday, April 19 (weather permitting)
Schedule: June / July	4 days per week (Mon/Thurs), 6-8:00 p.m.
General information	 During the months of April and May, practice dates may change due to school events. You will be notified in advance.
	 Notification of practice cancellation will be sent 30 minutes prior to the start of practice via 'REMIND' group messaging system.
	 Make sure you bring plenty of water to remain hydrated during practice.
	 Athletes should eat 2 hours prior to practice start time.

2016 Meet Schedule

USATF Qualifying Meets

(Required meets for advancement - athlete must participate)

6/24 – 26: Illinois Association Junior Olympic Championships (Lisle, IL)

JUNE *Top 6 advance to Region 7Championships.

7/7-10: Region 7 Junior Olympic Championships (Location TBD)

*Top 5 advance to National Championship

JULY

7/25-31: Junior Olympic Track & Field Championships, Sacramento, CA

Additional Meets (USATF or AAU Sanctioned)

6/4: 4th Annual Illinois Lightning Preseason Club Invitation (N Aurora - Moose Heart HS) (AAU)

JUNE 6/11: Kankakee Track Club Invitational

6/18: 14th Annual Jane Dickens Invitational

6/28 – 7/3 (OPTIONAL): Hershey Youth Outdoors Championship (Time/Distance qualification)

7/9: 8th Annual Rockford FIRE Invitational

JULY

7/16: Multiple options – will confirm at later date

- DuPageTrack Invite
- 2016 Track & Field Season Finale Rush Athletics Club Invite (Lewis University)
- Aurora Flyers & Illinois Jets Youth Track & Field Invitational (Rockford, IL) (AAU)

Registration Process

USATF Registration

- www.usatf.org
- Club #21-0691
- \$20 (Y) /\$30 (A)
- Site accepts Visa, MC and Discover
- If moving from another club, contact Illinois USATF coordinator

06 - 2007
04 - 2005
02 - 2003
00 - 2001
98 - 1999

Club Registration

- Complete registration form
- Return form and copy of birth certificate* to Club Administrator or Coach Simon
- Registration deadline is April15

Uniform Order

- Review sizing sheet for uniform
- Select size on Club Registration from
- Orders will not be placed without payment
- 1st order will be submitted on April 4th
- 2nd order will be placed on April 15th

www.remind.com/join/coachksim

Group Messaging

- Using "Remind" application for group message
- Join as a parent using your email address and cell number
- This will be used for group messaging to the club (e.g. practice schedule changes)

Fees & Payment Schedule

be made payable to <u>Pacesetters II Track Club.</u>

	Club Fees	Meet Fees	Uniform Fees
Amount	\$300 (1 st) \$225 (2 nd) \$150 (3 rd)	\$125	\$100
Due Date (no later than)	May 3, 2016	May 24, 2016	April 4, 2016 April 15, 2016
General Information	 Fees cover practice site fees, equipment, food & beverages for athletes during meets, year-end picnic, and other incidental costs. Does not cover travel costs. 	 Lump sum payment Additional funds, if needed, will be collected throughout the season Any remaining amount at the end of season can be reimbursed or rolled over to the following year. 	 Uniform consists of Top/Bottom and long sleeve warm-up tee. You can purchase black warm up pants of your choice if desired

Volunteer Opportunities

If you are interested in helping with these areas, please send an email to the Club Administrators

- Team Photographer take pictures during the season and publish to team website
- Awards support Club administrators during/after meets to collect and distribute awards
- Car Pooling to practice and meets
- **Year End Picnic** coordinate picnic for the team

Key Dates

APRIL

- □ 4/3 Season Kickoff Meeting
- □ 4/4 1st uniform order & payment
- 4/15 − Complete Registration
 2nd uniform order & payment due
- □ 4/19 First practice (weather permitting)

MAY

- □ 5/3 Club Fees Due
- □ 5/24 Lump sum payment for Meet Fees due
- □ 5/31 -Travel/Lodging Accommodations finalized

JUNE

- ☐ 6/4: Illinois Lightning Preseason Club Invitation
- ☐ 6/11: Kankakee Track Club Invitational
- ☐ 6/18: 14th Annual Jane Dickens Invitational
- □ 6/21: Parent Meeting during practice
- ☐ 6/24–26: Illinois Assoc JO Championships

JULY

- □ 7/5 Parent Meeting during practice
- □ 6/28–7/3: Hershey Youth Outdoors Championship
- □ 7/7-10: Region 7 JO Championships
- ☐ 7/9: 8th Annual Rockford FIRE Invitational
- ☐ **7/16**: Track Meet (TBD)
- □ 7/25-31: JO Track & Field Championships

AUGUST

☐ TBD - End of Season Picnic

ORDER NUMBER: 1715984



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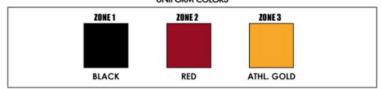




Youth Girls and Adult Women

**Due to the blending of ink colors in production, customers may see a slight variance in color from the art preview to the actual product where primary blending occurs.

UNIFORM COLORS





PLACEMENT: FULL FRONT	
ATHL. GOLD	
	ATHL. GOLD



SKU: U100BL | Color: Chaos



SKU: U265TU | Color: Chaos





SKU: U002BU | Color: Chaos



SKU: U265TU | Color: Chaos

Youth Boys and Adult Men