Dear Soccer Parents,

Below is the code of conduct from our players for the upcoming 2015-2016 soccer season.

**GAME AND PRACTICE POLICIES AND PROCEDURES**

* Everyone must travel **to games** with the team.
* **Mandatory conditioning every Monday, Thursday, and Friday from 3:45 to 4:45 starting November 2nd 2015 NO EXCEPTIONS.**
* **Try to choose doctor and dentist appts** during school break or holidays or minimum days, or study hall, etc. Or before a home game day when we play late. Never the day before a game, please!
* Doctor/dentist appts that conflict with practice/games: come after appt. **ready to play**, not sit.
* Injured players will come to the field unless contagious. Sit on the bench with your team.
* Grades problems, see coach and use your older teammates for help.
* Your responsibility to complete classroom assignments early and *not wait until they are due*
* Practice is not cancelled on rainy days or when games are changed.
* Garbage/equipment left on the field BOTH at practice and games means extra laps for the assigned individuals

**Assignments for (team captains will list who does what)**

* Balls (games and practice)
* Corner flags (games up and down)
* Garbage (games and practice)
* Water /Ice (big and individual)
* **What we are looking for, not just this week but *Every Day***
* Skill and Experience
* Coachability (how fast you catch on)
* Teamwork (no ‘I’ in team): games and practice
* Effort in practice (doing your best or dogging it?) Practice is as important as real games for competition. Don’t say “I’m saving myself now, but I’ll run hard in a real game”
* Speed and agility (periodic measurements)
* Asking questions about strategy, skills, practice, formations, etc.
* Following directions and hustle when called onto or off the field.
* **Leadership**
* *Captains start the warmups if a coach is late!*
* **Respect for your teammates, coaches, and opponents**
* **Do not drag the team down with an attitude about yourself, your coach, referees, fellow players, your boyfriend, girlfriend or anything!**

**ATTENDANCE POLICY**

*PRACTICE POLICY: Soccer Practice attendance is mandatory every day from 3:45-5:45 pm during the season (including* ***rainy*** *days). The only exceptions to practice days are ‘game days’ if you play, some holidays, and excused days at the coach's option.*

*There is no “excused” absence from practice or games, unless the school requires the student to be elsewhere, the player is sick or has a medical or legal appointment (and has notified the coach), or if the coach makes an exception or day off applicable to* ***all*** *team members.*

* If a game is cancelled, practice may be held instead, unless a coach officially announces it as a day off or a shortened practice. Players should check with the HS office for the official announcement of practice/game status.
* Planned 'days off' may be announced periodically. Weekends and federal holidays are generally off, but not always. School vacation breaks usually have practices and games planned, as other teams are in session.
* Any unexcused missed practice, including school-imposed punishments for cuts, will result in loss of playing time as follows:
* 1 practice missed = 1/2 next game on the bench, plus 3 laps full field.
* 2 unexcused practices = same as above, plus a warning that the third UA will result in expulsion from the team. Suicide Mile.
* Late to practice = 1 full field lap for every **minute** late (can be done after practice)
* Late to a game warmup (players must arrive at least 1 hour before scheduled kickoff time)=proportional game time sat out first time; doubled second time. Expulsion from team 3rd time.
* One unexcused game missed=next game sat out on bench (must be present at all games)
* Two unexcused games missed=next two games sat out, plus a warning that the third **Unexcused Absence** will result in expulsion from the team
* More than 3 injury days of missed practice=doctor’s written note when you are cleared to play!
* Adhere to school policies=absent at school, no practice or games
* Players ill or contagious are excused from practice *only as long as the coach is notified*.
* ALL team members are expected to attend practices and sit on the team bench at home games regardless of injury or non-playing status.
* **We hold Practice during SPRING BREAK please plan accordingly.**
* **Alabama Varsity Boys soccer tournament is April 1st through April 2nd 2016.**

If you have any ideas or suggestions, please let us know. We are looking forward for a great season next year.

Please visit our website at: http://leagues.bluesombrero.com/seminolessoccer

Please return a signed copy to your coach and keep a copy for your record on 28th August, 2015

Parents Signature------------------------------------- Date:-----------------------