**Ball Sizes**

7U and below- Size 3

10U- size 4

13U and up- Size 5

**Players Equipment Needed**

Soccer Ball, Soccer Cleats (not football or baseball)

Shin Guards, Water Bottle

Shorts, shirts and Socks will be provided by GCSA for the fall season and shirts ONLY will be provided for the spring season.

**Players/ Recommended**

3U- 4v4

5U- 5v5

7U- 5v5

10U- 7V7 including Goalie

13U- 9v9 including Goalie

19U- 9v9 including Goalie

**Game Time/Duration**

3U- 4 (8min) Quarters

5U- 4 (8min) Quarters

7U- 4 (12min) Quarters

10U- 2 (30min halves)

13U- 2 (35min halves)

19U- 2 (45min halves)