

Heads Up Pittsburgh 2020 Summer Baseline Concussion Testing is OPEN for registration.

The 2020 testing program will be an abbreviated session due to COVID-19. Testing begins June 29th and will end the week of July 31st. Neurocognitive baseline testing will be available on a first-come, first-served basis for 2,000 athletes ages 10+. Additionally, all participants will receive a neck strengthening kit.

We are only offering testing to ages 10+ at the present time. The Pediatric Test (ages 5-9) requires the examiner and athlete to be in "close proximity" to each other. As the health and safety of all parties is our top priority, we will not offer this test. We apologize for the inconvenience.

Please be aware of the Testing Safety Requirements when you register your child and note that UPMC is taking measures to help you feel safe in our facilities. We are screening staff and patients for symptoms, limiting visitors, requiring mask use, and cleaning and sanitizing our locations regularly.

Masks/Cloth Face Coverings are REQUIRED for testing

We will **NOT** provide masks

A no-touch temporal temperature check will be administered at check-in

Temperature greater than 99.5°F will not be allowed in

Once you check your child in, parents will NOT be allowed into the testing area. We are trying to reduce the number of people in the testing rooms and maintain appropriate distance. We are utilizing multiple rooms in each facility in order to maintain appropriate distance.

If your child requires any assistance, please let us know when you check them in. Our staff will be more than happy to assist your child with their test (reading directions).

Gloves and hand sanitizer will be available

All surfaces will be cleaned prior to each testing session including, desktops, computers, keyboards, mouse, chairs.

To Register - Please visit www.upmc.com/baselinetesting

Courses are listed on Right hand column under HeadsUP Summer 2020

As a reminder, testing sessions are broken down by age groups:

Adult ages 10-14 – FREE

Adult ages 15+ - \$25.00 – enter summer20 to get 25% off

Testing locations this summer will include:

Freddie Fu – Rooney Sports Medicine Complex

Lemieux Sports Medicine Complex

UPMC Jameson in Newcastle – July 2 and July 13

UPMC Hamot Sterling Square – New this Year in Erie

We do recommend that a new baseline test be conducted every year for students aged 7-12, 13+ is every other year.

A special Thank You to the Pittsburgh Penguins Foundation for their continued support of the program along with the Hamot Health Foundation.

If you have any questions, please feel free to contact:

Pittsburgh and Newcastle

Erie

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