

## RUSH WISCONSIN WEST SOCCER

# **Dress Code Expectations**

#### Mighty Mites U4

Training: Players will receive a Rush Wisconsin West training t-shirt that they are expected to wear at every season session. Players should dress appropriately for the weather. Cleats and shinguards are recommended but are not required at this age.

#### **Rush Rhinos U5-U8**

Training: Players will receive a Rush Wisconsin West training t-shirt that they are expected to wear at every season session. Players should dress appropriately for the weather. Shinguards are required for this program, cleats are highly recommended but not required

Jamborees: Players will receive a Rush Wisconsin West training t-shirt that they are expected to wear on every jamboree day. Players should dress appropriately for the weather. Shinguards are required for this program, cleats are highly recommended but not required

#### Advanced U9-U15

Training: Players will receive a Rush Wisconsin West training t-shirt that they are expected to wear at every season session along with black shorts and black socks of their choice. Players should dress appropriately for the weather. Shin guards and cleats are required at this age group.

Games: Players will receive a Rush Wisconsin West game day uniform that includes socks, shorts, and top. They should wear that uniform for every game day. They should also bring their training shirt to games in case an alternate color is needed. Players should dress appropriately for the weather. Shin guards and cleats are required at this age group.

### Academy U8-U10 Competitive U11-U19

Training: Players will receive a Rush Wisconsin West training t-shirt that they are expected to wear at every season session along with black shorts and black socks of their choice. Players should dress appropriately for the weather. Shin guards and cleats are required at this age group.

Games: Players will receive a Rush Wisconsin West game day uniform that includes 2 socks, 2 shorts, and 2 tops. They should wear the blue uniform for every game unless otherwise instructed by their coach. They should always bring both uniforms no matter what. Players should dress appropriately for the weather. Shin guards and cleats are required at this age group.

There are different reasons why we enforce dress codes as Rush Wisconsin West. Not only does it make our players look professional, but it also makes every player equal. It takes away the distraction and pressure of players needing to wear the "coolest" gear to training. It allows players to focus on training creates a safe environment for all.